

# Spring into Summer...

With summer now here we have some amazing events which we hope you will support. By coming to these you will be helping us to invest in new projects that will improve the care of local blood cancer patients and their families.

Sadly we are not much further forward with the Rendcomb Side Rooms Shower Upgrades but I have been assured things will start to move now! Hopefully I will be able to tell you more in our Autumn newsletter.

LINC has given financial help to eight patients and/or their families since April. This is mainly to help with general expenses - life goes on outside even when you are in hospital receiving intensive treatment - also for expenses towards travel costs for loved ones to visit.

Discussions have been taking place with Cheltenham Borough Council and we hope that very shortly we will be have news about the new LINC memorial garden and bench which will be in Sandford Park. We need to raise £1,000 for the bench. This is something we have wanted to do for a long time and I am delighted that it will soon be a reality.

Thank you for all your support - I do hope we see you at one or more of our upcoming events.

Dr Gill Rouse, LINC Director




## 3 Counties Cycle Ride 2017

There was an air of anticipation as 200 cyclists embarked from Tewkesbury Rugby Club on the 3 Counties Cycle Ride on Sunday 11th June. The route takes cyclists through beautiful and scenic countryside with either a 32km or 64km option.

**Thank you to all our cyclists, volunteers and marshals who all made this a rather special day and raised £4,500 for LINC.**



## LINC Golf Day

Wednesday 14 June 2017

With all the uncertainties caused by Brexit at the moment, we were delighted to have eleven teams taking part this year. The weather was wonderful and the course at Cotswold Hill Golf Club was looking its best.

Prize giving and dinner were in the evening when we were entertained by Brian Partridge who has been a line judge at Centre Court at Wimbledon. Randall & Payne were the winning team followed closely by Shower Spares.

**This event raised £1,500 for LINC.**



## Patient News

Marie Gittoes has been a patient in the Rendcomb side rooms for the past year following a diagnosis of Acute Myeloid Leukaemia. Marie is a nurse herself and described her diagnosis as a surreal experience, **“there I was in my nurse’s uniform at work delivering care to my patients and within two hours, it was me that was the patient. This didn’t give me time to sort out my everyday responsibilities and I needed time to digest this devastating news and tell my family.”**

Marie has recently received a stem cell transplant in Birmingham. A perfect 10/10 match was found in a lady from South America. With the donated eight bags of cells, Marie received a touching letter from her donor. In this letter, the donor wrote; ‘I deeply want my cells to help you get better – I wish you all the strength in the world and our cells will unite us for the rest of our lives. You now have a whole new family to count on. I wish you the best of luck. Be Strong.’

Marie is so appreciative of the items that LINC provides for our patients. The reclining chairs, the television and the wi-fi are all things that make life just a little more bearable whilst in hospital – these are not provided in other hospitals. Many of Marie’s friends and family have been fundraising for LINC and we are so grateful for their support.

**Marie is an inspiration to all who meet her and we all wish her the best.**

## Warner’s Budgens Lunch Club

LINC was very grateful to Warner’s Budgens who chose us as their charity at their Taste Lunch Club. This took place at the Manor House Hotel in Moreton in Marsh and guests were treated to a delicious lunch provided by the local Warner’s Budgens suppliers. Following a talk about the work of the charity, a raffle was held and a marvellous £490 was raised. Thank you to everyone who supported this fabulous lunch.



## Gloucestershire Professionals’ Dinner



The annual Gloucestershire Professionals’ Dinner was held at Cheltenham Ladies College and LINC was thrilled to be chosen as the charity of the evening.

For the first time, Sophie Braddock, our LINC ambassador spoke with Claire Charlton about the work of the charity and her personal experiences of being a patient. The raffle raised an incredible £1,001.00 for LINC.

We would like to thank Matt Cappell from Hazlewoods for organising this great evening.

## National Association of Choirs Concert



Gloucester Cathedral was full to capacity for the National Association of Choirs Concert. This was an evening of choral music that consisted of new pieces and old favourites. The highlight of the evening was the rousing rendition of Jerusalem with everyone joining in with all the choirs to sing. Thank you to Adrian Law from the Churchdown Male Voice Choir who organised this spectacular concert. The proceeds were shared between LINC and Winston’s Wish and we were thrilled to receive £1,583.13.

## Wessex Garages

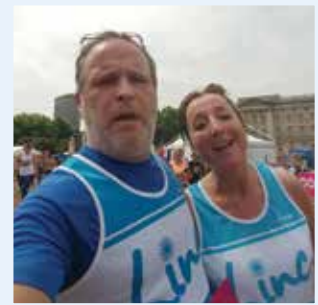
LINC is grateful to Wessex Garages for their continuing support. They have saved the profits from their drinks machine which when added up to a wonderful £445.25. Thank you to Lizzie Bennett and her colleagues.





# Bristol 10k

David Runciman ran the Bristol 10k for LINC. He broke his femur last year and this was his first run since his injury. He raised a brilliant £633.



# Vitality 10k Run

Congratulations to the wonderful James and Nicky Griffin who completed the Vitality 10k run around London in May. This is a brilliant achievement and they raised a fantastic £426.33.

We love the before and after photos!

# London Marathon

Our wonderful LINC runners, Alison Bird, David George and Nicola Emmett all completed the London Marathon and we are so proud of them. Between them they raised a brilliant £3,000.



# Donation of £2,000 in memory of Samuel Clarke

Samuel's son-in-law, Stewart Wardrop, used to be a member of the Royal Pigeon Racing Association and they contacted him on his retirement from the club wishing to make a donation to a charity of his choice. He chose LINC to say thank you for the wonderful care his father in law received from the staff in the Edward Jenner Unit and Rendcomb side rooms.



Photo: Louise Adkins, Janet Clarke and Stewart Wardrop

# Dates for your Diary

- Cookery Demonstration** Wednesday 12 July
- Super Hero Fun Run** Sunday 13 August
- Tour of Clarence House** Monday 21 August
- Cheltenham Triathlon** Sunday 10 September
- Vintage Picnic Concert** Sunday 10 September
- Lads for LINC** Thursday 28 September
- Swing-a-thon** Saturday 30 September
- Colours Fashion Show** Thursday 12 October
- 12 hour Skittlethon** Saturday 14 October
- Christmas Sparkle** Saturday 25 November
- Light Up a Life** Sunday 3 December

Details for all these events can be found on our website [www.lincfund.org](http://www.lincfund.org)



# Lads for LINC

In general leukaemias are more common in men than women – show your support by attending an evening of curry and live entertainment at The Spice Lodge on 28th September. It's going to be a night not to be missed! **Tickets are £30 available online.**

# A big thank you to...

**David Runciman** who ran the Bristol 10k for LINC. **Tewkesbury School** who held a non uniform day and raised a £1,000. **Persimmon Community Champion Award** kindly donated £1,000. **Lucy at Warner's Budgens** who organised the Budgen's Taste Club. **Paddy and Roger Grimshaw** who held The Touch of Romance concert at their home and raised £750. **Kirsty Wadden** who fundraised in memory of Gary Wheldon and made a brilliant £1,762.51. The **nin9 networking group** who kindly donated £250. **Adrian Ingram** raised £1,400 for his tandem parachute jump.

**Taynton's Curry Club** for inviting LINC to talk about the charity's work. Our wonderful **LINC volunteers** who took part on the National Volunteers Week in June. We are so grateful for their time, enthusiasm and commitment. A big thank you to the continued support from our regular Lunch Club venues which include **Flynn's, The Mayflower, Monty's and The Royal Oak at Prestbury**, to name but a few. We always enjoy their delicious meals and their generous hospitality.



From L-R: Roger and Paddy Grimshaw, LINC shop volunteers, Taynton's Curry Club, Adrian Ingram

“Sitting silently beside a friend who is hurting is the best gift you can give.”

### Reply Slip

<input type="checkbox"/> Tickets for Highnam Court Vintage Picnic @£10	<input type="checkbox"/>	<input type="text" value="Name"/>
<input type="checkbox"/> Tickets for Lads for LINC @£30	<input type="checkbox"/>	<input type="text" value="Address"/>
<input type="checkbox"/> Send me a Superhero Entry Form	<input type="checkbox"/>	<input type="text" value="Postcode"/>
<input type="checkbox"/> Tickets for the Cookery Demonstration @£20	<input type="checkbox"/>	<input type="text" value="Email"/>
<input type="checkbox"/> I would like to make a donation for the memorial bench	<input type="checkbox"/>	
<input type="checkbox"/> I enclose total payment of £		

Return to: LINC, Cheltenham General Hospital, Sandford Road, Cheltenham. GL53 7AN



I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I gave up to 5 April 2008 and will reclaim 25p of tax on every £1 that I give on or after 6 April 2008. Please tick the box